

Lighter Fare

Soup du Jour... 5.50

Northeastern Seafood Chowder

A medley of haddock, scallops, shrimp & clams in cream ... **6/10**

Classic Caesar Salad

Featuring our superb house made dressing... 7

Seafood Caesar Salad

Sautéed scallops, shrimp and lobster garnish our Caesar... **12**

Mandarin Spinach Salad

Baby spinach, mushrooms, tomato, almonds, goat cheese, red onion and mandarin oranges with honey mustard dressing... **9**

Bruchetta

Tomato, onion and caper relish topped with goat cheese... **8**

Chicken Souvlaki

Marinated chicken skewers on a grilled pita... **9**

Calamari Rings

Breaded squid rings with sweet chili sauce... **9**

Sizzlers

Calamari

Tender, breaded squid with lime and sweet chili sauce... **10**

Mushroom, Pepper and Onion

A trio of lightly seasoned, grilled vegetables. Excellent for sharing... **8**

Jumbo Shrimp Sizzler

6 large shrimp sautéing in garlic butter... **10**

Sandwiches

Royal Burger

6oz of hand formed ground **Angus** beef
on a toasted rustic bun... 9.50
add cheese or bacon... 1.50

Turkey Club

House roasted white Turkey. Crisp bacon,
lettuce & tomato... 11.50

Hot Smoked Meat

On Rye with grainy mustard... 12

Steak and Cheese Burrito

Grilled striploin, Spanish onion, and salsa
with cheddar cheese... 11

½ Lobster Salad Sandwich & Cup of
Chowder... 12

Grilled Lobster Sandwich

... 14

Smoked Salmon on Rye

Served open faced with cream cheese, tomatoes, onions, capers
and dill pickle spears... 13

Pasta

Stir Fry with Udon Noodles

choice of beef, chicken, shrimp or broccoli ... 11.50

Tagiatelle with Prosciutto and Oranges

garnished with parmesan and pine nuts.
a delightfully light dish... 13.50

Fresh Lasagna with Meat Sauce

Our own excellent version of this favorite
made to order with fresh noodles... 13

Entrees

The Captain's Rib Steak platter

14 oz AAA Alberta beef with , potato, veg. and Caesar salad... 27

Santa Fe Griller Steak

A small steak with big flavor. Topped with
Chipotle seasoned peppers and onions... 14.50

Filet Mignon

Prime tenderloin grilled to your desire and topped with herbed
steak butter... 27

Grilled Haddock Hebridee

A perfectly seasoned fresh haddock fillet
delivered from Sambro (*almost*) daily... 13.50

Seafood Crêpe

A delicious medley of scallops, shrimp and lobster poached in
savory cream... 15.50

Fish and Chips

Olde English battered fresh haddock fillet... 12.50

Maple Glazed Atlantic Salmon

A generous serving baked in maple butter with wine... 19

Braised Lamb Shanks

In winter gravy... 19.50

Chicken Parmigiana

A breaded chicken cutlet with tomato sauce and cheese
on linguini... 13.50

Balsamic Glazed Pork Chop

A thick cut, Frenched chop with apple compote... 16.50

*Entrees come with choice of sides:
potato and veg., fries, tossed or Caesar salad, buttered linguini,
steamed broccoli, rice, sweet potato wedges
plus \$2 for spinach salad*

*Please let us know of any allergies or dietary restrictions
we will endeavor to accommodate you*