

Lighter Fare

Soup du Jour... 5.50

Northeastern Seafood Chowder

A medley of haddock, scallops, shrimp & clams in cream ... 6/10

Artichoke Goat Cheese Bruchetta

/ reduced balsamic vinegar ... 9

Asian Style Pork Meat Balls

/ Kim Chi Slaw... 10

Caribbean Jerk Chicken ... 10

Cool Smoked Salmon Pizza

Naan bread with cream cheese, onions,
tomatoes, capers and dill pickle ... 13

Sizzlers

Calamari

tender, breaded squid with lime and sweet chili sauce... 10

Mushroom, Pepper and Onion

A trio of lightly seasoned, sautéed vegetables... 9

Jumbo Shrimp Sizzler

6 large shrimp sautéing in garlic butter
With spinach and tomatoes... 10

Salads

Seafood Caesar Salad

Sautéed scallops, shrimp and lobster garnish our Caesar... 12

Mandarin Spinach Salad

Baby spinach, mushrooms, tomato, almonds, goat cheese, red
onion and mandarin oranges with honey mustard dressing... 9

Greek... 9, Caesar... 7, Garden... 7,

Sandwiches

Royal Burger

6oz of hand formed ground **Alberta** beef
on a toasted bun... 9.50
add cheese or bacon... 1.50

Turkey Club

House Roasted White Turkey, Crisp bacon,
mayo, lettuce & tomato on toasted artisan bread
or wrap... 11.50

Rueben

Hot smoked meat, sauerkraut and Swiss
On Rye with Pommerey Mustard... 12

½ Lobster Salad Sandwich & Cup of
Chowder... 12.50

Grilled Lobster Sandwich

with Swiss Cheese... 14

Pasta

Linguini with Chicken and Broccoli

In Dijon Cream sauce ... 14.50
Gluten free pasta available,

**please ask your server if you would like
a custom pasta**

Fresh Lasagna with Meat Sauce

Our own excellent version of this favorite,
made to order with fresh noodles... 13

Entrees

The Captain's Rib Steak Platter

14 oz AAA Alberta beef with, potato, veg. and Caesar salad... 29.95

Filet Mignon

Prime tenderloin grilled to your desire and topped with herbed steak butter... 29.95

Grilled Haddock Hebridee

A perfectly seasoned fresh haddock fillet delivered from Sambro (*almost*) daily... 14.25

Seafood Crêpe

A delicious medley of scallops, shrimp and lobster poached in savory cream... 16.25

Fish and Chips

Olde English battered fresh haddock fillet... 12.50

Scallop Stuffed, Gremolata Enhanced Baked Salmon... 21

Braised Lamb Shanks

Provençal ... 21.50

Chicken Tikka Masala

Spicy curried chicken in tomato cream sauce with steamed rice... 13.50

*Entrees come with choice of side:
potato & veg., fries, tossed or Caesar salad,
battered linguini, steamed broccoli, rice & veg,
sweet potato wedges
plus \$2 for side spinach or Greek salad*

Please let us know of any allergies dietary restrictions or preferences you might have. We will endeavor to accommodate you