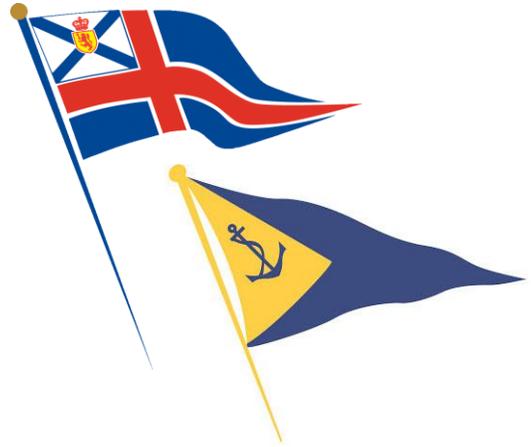


August Arm Adventures

August 7th & 8th, 2020



SAILING INSTRUCTIONS

Royal Nova Scotia Yacht Squadron
& Armdale Yacht Club

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 The prescriptions of Sail Canada shall apply.
- 1.3 Rules of the Sail Nova Scotia PHRF-NS fleet and any other applicable class association shall apply.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located online at <https://rnsys.com/sailing/race-documents.html>.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions that effect Friday's race will be posted before 1700 on Friday, August 6. Any change to the Sailing Instructions that effect Saturday's race will be posted before 1000 on Saturday, August 7, except that any change to the schedule of races will be posted by 1800 on the day before it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore at the RNSYS shall be displayed from the flagstaff on the water side of the RNSYS Clubhouse.
- 4.2 Signals made ashore at AYC shall be displayed at the AYC Race House located on the east side of Melville Island.
- 4.3 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 10 minutes" in the race signal AP.
- 4.4 When flag Y is displayed ashore, Rule 40 applies at all times while afloat. This changes the Part 4 preamble.

5 SCHEDULE OF RACES

- 5.1 Dates of racing are Friday, 6th August and Saturday, 7th August.
- 5.2 There are to be two (2) races, one (1) on each day.
- 5.3 The scheduled time of the first warning signal on Friday is 1830.
- 5.4 The scheduled time of the first warning signal on Saturday is 1300.
- 5.5 There will be no in-person competitors meeting, all relevant information will be sent to registered skippers via email prior to each race.

6 CLASS SPLITS & CLASS FLAGS

Class splits and the flags assigned to each will be detailed in the competitor's briefing that will be emailed to all registered skippers on Friday afternoon.

7 RACING AREA

Racing will take place in the Northwest Arm and Halifax Harbour. The Sail Nova Scotia Course Card shows the racing area and is available online in the Race Documents area of the RNSYS website <<http://rnsys.com/sailing/race-documents.html>>.

8 THE COURSES

8.1 The course for Friday shall be emailed to all registered competitors on Friday afternoon as part of the competitors briefing and shall consist of marks taken from the Sail Nova Scotia Course Card.

8.2 The course for Saturday shall be emailed to all registered competitors on Saturday morning as part of the competitors briefing and shall consist of marks taken from the Sail Nova Scotia Course Card.

9 MARKS

9.1 The Sail Nova Scotia Course Card shows the marks to be used except that the following changes are to be made:

- Mark 82 Yellow inflatable
- Mark 84 Orange Inflatable

9.2 The following navigational buoys shall be passed on their proper side, unless they are marks of the course:

Hens and Chickens	HQ2		
Purcell's Cove	HQ1	Ives Knoll North	HT2
Point Pleasant	H19	Ives Knoll West	H22

10 THE START

10.1 Races will be started by using rule 26 with the warning signal made 5 minutes before the starting signal.

10.2 At the RNSYS the starting line shall be between a staff displaying an orange flag at the race hut (Fort McGowen) on the end of the club breakwater and a yellow start mark on the opposite side of the Northwest Arm.

10.3 At AYC the race starting line is defined as running from a pole on top of the AYC Race Hut on the east side of Melville Island to the outer start mark on the east side of the Northwest arm. Boats must also pass between the inner and outer start marks to start.

11 CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee vessel signaling the change shall indicate the new course using a list of the new marks and the sides on which they are to be left. This changes Rule 33.

12 THE FINISH

12.1 At the RNSYS the finish line shall be between a staff displaying an orange flag at the race hut (Fort McGowen) on the end of the club breakwater and a yellow finish mark on the opposite side of the Northwest Arm.

12.2 At AYC the race finish line (same as the start line) is defined as running from a pole on top of the AYC race hut on the east side of Melville Island to the outer start mark on the east side of the Northwest Arm. A boat finishes when she crosses the transit whilst on a course that passes between the inner and outer start marks.

13 INTERFERENCE WITH SHIPPING

13.1 Yachts shall not interfere with the orderly passage of a naval or commercial ship or rowing vessel.

13.2 Any yacht breaching SI 13.1 will be subject to protest by the Race Committee and may be denied entry to subsequent events.

13.3 Serious or continued breaches of SI 13.1 may be investigated by the Organizing Authority and/or Sail Nova Scotia to determine if further action is appropriate and what such action may be.

13.4 All yachts are encouraged to monitor VHF channel 12, Halifax Traffic Control, while in Halifax harbour.

13.5 Engines may be used in an emergency. Details are to be reported to the Race Committee and requests for redress under Rule 62 may be made.

14 TIME LIMITS

14.1 The time limit for the Friday race for all boats is 2 hours.

14.2 The time limit for the Saturday race for all boats is 4 hours.

14.3 Boats failing to finish within this time will be scored Did Not Finish without a hearing. This changes Rules 35 and A4.

15 PROTESTS AND REQUESTS FOR REDRESS

15.1 Protest forms are available online on the RNSYS website under *Race Documents* <<https://www.rnsys.com/sailing/race-documents.html>>. Protests shall be emailed to the RNSYS Race Director <racedirector@rnsys.com> within the protest time limit.

15.2 The protest time limit is 30 minutes after the last boat finishes the race in question.

15.3 Protest hearings will be scheduled as soon as possible following the race.

16 SCORING

16.1 The races will be scored Time on Time using PHRF-NS handicaps.

16.2 One (1) race is required to be completed to constitute a series.

16.3 A boat's series score shall be the total of her race scores (no drops).

17 RADIO COMMUNICATIONS

Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

18 PRIZES

Results will be posted online <<https://rnsys.com/sailing/race-results.html>> and announced on Facebook as soon as possible after the last boat finishes.

19 DISCLAIMER OR LIABILITY

By participating in this event and any related activity sponsored or undertaken by the Royal Nova Scotia Yacht Squadron and/or Armdale Yacht Club, the owner, person in charge and each crew member agree: that they understand that sailing is an activity that has an inherent risk of serious bodily injury (including permanent disability, paralysis and death by drowning or otherwise), property damage and other economic loss; that the safety of the boat and her crew and the decision whether or not to start or continue to race is solely their responsibility and at their own risk, see RRS 4 "Decision to Race"; that the Royal Nova Scotia Yacht Squadron and/or Armdale Yacht Club and its officers, trustees, members, committees, employees, sponsors, or agents will not be responsible for damage to any boat or other property, or to any participant, including injury or death; and that each of them releases and waives all claims which he or she, or any heir, representative, successor or assignee, may have against the Royal Nova Scotia Yacht Squadron and/or Armdale Yacht Club and its officers, trustees, members, committees, employees, sponsors or agents, arising out of or in any way connected with participation in such race or activity. Assistance, if any, from the race committee or other Royal Nova Scotia Yacht Squadron and/or Armdale Yacht Club vessels, or from any personnel manning them, is at the risk of the participant.

20 INSURANCE

Participating yachts shall be insured with valid third-party liability insurance with a minimum coverage of \$1,000,000 per event or the equivalent.

21 FURTHER INFORMATION

For further information please contact the RNSYS Race Director at racedirector@rnsys.com or (902) 477-5653 ext.109, the AYC Rear Commodore at akschnare@gmail.com, or the RNSYS Vice Commodore of Sailing at vcsailing@rnsys.com.