

Yearly Training and Competition Schedule 2019/2020	
RNSYS	coach@rnsys.com
Class	Radial Race Team

Legend:	
On-water Training	Peak Competition
At Home Training	Other: Specify...
Florida Training	
Other Training	
Non-Peak Competition	

Month	Apr-19	May-19	Jun-19	Jul-19	Aug-19	Sep-19	Oct-19	Nov-19	Dec-19	Jan-20	Feb-20	Mar-20
Day												
Monday	1			1								
Tuesday	2			2	RNSYS							
Wednesday	3			3	RNSYS					1		
Thursday	4			4	RNSYS	1				2		
Friday	5			5	Sailing to ARK	2				3		
Saturday	6	Spring Sailing	1	6	ARK	3				4		
Sunday	7	Spring Sailing	2	7	ARK	4	Kingston training with ON Team			5		1
Monday	8		3	8		5				6		2
Tuesday	9		4	9		6				7		3
Wednesday	10		5	10	RNSYS	7				8		4
Thursday	11	After School	6	11	RNSYS	8				9		5
Friday	12	After School	7	12	RNSYS	9				10		6
Saturday	13	Spring Sailing	8	13	RNSYS	10	YOTS Kingston			11		7
Sunday	14	Spring Sailing	9	14	RNSYS	11	Fall Sailing			12		8
Monday	15		10	15		12	Fall Sailing			13		9
Tuesday	16		11	16		13				14		10
Wednesday	17		12	17	SMSC	14	Canadian Youth Nationals - Kingston			15		11
Thursday	18	After School	13	18	SMSC	15				16		12
Friday	19	After School	14	19	SMSC	16				17		13
Saturday	20	Spring Sailing	15	20	Spring Sailing	17				18		14
Sunday	21	Spring Sailing	16	21	Spring Sailing	18				19		15
Monday	22		17	22		19				20		16
Tuesday	23		18	23		20				21		17
Wednesday	24		19	24		21				22		18
Thursday	25	After School	20	25	Kingston training	22	RNSYS			23		19
Friday	26	After School	21	26	After School	23	RNSYS			24		20
Saturday	27	Spring Sailing	22	27	Spring Sailing	24	Kennedy Cup RNSYS			25		21
Sunday	28	Spring Sailing	23	28	Spring Sailing	25	Radial Youth Worlds - Kingston			26		22
Monday	29		24	29		26				27		23
Tuesday	30		25	30		27				28		24
Wednesday			26	31		28				29		25
Thursday		Canadians - QC	27			29				30		26
Friday			28			30				31		27
Saturday			29			31						28
Sunday			30									29
Monday												30
Tuesday												31

Miami March Break Camp

Miami Sailing Week

Miami March Break Camp

Clearwater training

Midwinters - Clearwater FL, YW qualifier

Orange Bowl Regatta - Miami-