

# Casual Mondays

June 24<sup>th</sup> – July 29<sup>th</sup>, 2024

August 19<sup>th</sup> – 26<sup>th</sup>, 2024



Royal Nova Scotia Yacht Squadron

## SAILING INSTRUCTIONS

### 1 RULES

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing 2021 - 2024*.
- 1.2 Rules of the Sail Nova Scotia PHRF-NS fleet shall apply.
- 1.3 All aspects of the RNSYS Constitution and Bylaws shall apply.

### 2 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions shall be posted before 1600 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

### 3 COMMUNICATING WITH COMPETITORS

- 3.1 Notices to competitors will be posted online on the RNSYS website. The documents will be located in the appropriate event listing <[www.rnsys.com/events/casual-mondays](http://www.rnsys.com/events/casual-mondays)>. A backup paper notice may be posted on the notice board located at the entrance to the Wardroom.
- 3.2 The Race Office is located on the third floor of the club house (Race Director/Sailing Office).
- 3.3 The Race Committee will use VHF channel 72 as the working channel.
- 3.4 The following communications will be made by the Race Committee on the working channel:
  - Course to be sailed
  - Check in communications
  - Times to class starts
  - Recalls
  - Relevant traffic information
- 3.5 While racing, except in an emergency, a boat shall not make voice or data transmissions related to the race and shall not receive voice or data communication related to the race that is not available to all boats.

### 4 SIGNALS MADE ASHORE

Signals made ashore shall be displayed from Fort McGowen (the Race Hut) on the end of the RNSYS breakwater.

## **5 SCHEDULE OF RACES**

### **5.1 Dates of racing:**

<u>Date</u>	<u>First Signal</u>
June 24 <sup>th</sup>	1830
July 1 <sup>st</sup>	1830
July 8 <sup>th</sup>	1830
July 15 <sup>th</sup>	1830
July 22 <sup>nd</sup>	1830
July 29 <sup>th</sup>	1830

August 19<sup>th</sup> 1830

August 26<sup>th</sup> 1830

5.2 One race is to be sailed per day.

5.3 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed at least five minutes before a warning signal is made.

## **6 HANDICAPS**

6.1 Yachts shall compete with handicaps supplied by the RNSYS Handicap Committee. If no handicap is supplied by the RNSYS Handicap Committee then the current Sail NS PHRF-NS handicap shall be used. These handicaps cannot be contested during the course of the series.

6.2 A list of handicaps supplied by the RNSYS Handicap Committee will be posted on the RNSYS website.

6.3 All yachts will race without using a spinnaker and their non-spinnaker handicap will be used for scoring.

## **7 CLASSES**

All yachts will race as one class

## **8 CLASS FLAGS**

The class flag will be yellow.

## **9 RACING AREA**

Races shall be run in Halifax Harbour. The Sail Nova Scotia Course Card shows the racing area and is available online <[www.rnsys.com/racing](http://www.rnsys.com/racing)>.

## **10 COURSES**

Prior to the first warning signal the courses to be sailed will be announced on VHF channel 72.

## **11 MARKS**

11.1 The Sail Nova Scotia Course Card shows the marks to be used except that the following changes are to be made:

Mark 86	Yellow inflatable tetrahedron
Mark 87	Orange inflatable tetrahedron
Mark 88	Pink inflatable tetrahedron
Mark 89	Green inflatable tetrahedron
Mark 90	Yellow inflatable cylinder

11.2 The following navigational buoys shall be passed on their proper side, unless they are marks of the course:

Hens and Chickens	HQ2	Ives Knoll North	HT2
Point Pleasant	H19	Ives Knoll West	H22

11.3 The start and finish mark will be a yellow club mark on the eastern side of the Northwest Arm opposite Fort McGowen.

## **12 INTERFERENCE WITH SHIPPING**

12.1 Yachts shall not interfere with the orderly passage of a naval or commercial ship.

12.2 Any yacht breaching SI 12.1 will be subject to protest by the Race Committee and may be denied entry to subsequent events.

12.3 Serious or continued breaches of SI 12.1 may be investigated by the Organizing Authority and/or Sail Nova Scotia to determine if further action is appropriate and what such action may be.

12.4 All yachts are encouraged to monitor VHF channel 12, Halifax Traffic Control, while in Halifax harbour.

12.5 Engines may be used in an emergency. Details are to be reported to the Race Committee and requests for redress under Rule 62 may be made.

## **13 THE START**

13.1 The starting line shall be between a staff displaying an orange flag on Fort McGowen and the start mark.

13.3 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number on VHF channel 72. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress for request. This changes RRS 62.1(a).

13.5 A boat that does not start within 10 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

## **14 CHANGE OF THE NEXT LEG OF THE COURSE**

There will be no change of course.

## **15 THE FINISH**

The finish line will be between a staff displaying a blue flag on Fort McGowen and the finish mark.

## **16 PENALTY SYSTEM**

For all classes, RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty for infractions outside the zone. Infractions inside the zone still require a Two-Turns Penalty.

## **17 TIME LIMITS**

The time limit for each class is 2 hours after their respective starts or 25 minutes after the first boat in that class sails the course and finishes, whichever is sooner. Boats failing to finish within the time limit, and not subsequently retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the

finishing place one more than the points scored by the last boat in their class that finished within the time limit. This changes RRS 35, A5.1, A5.2 and A10.

## **18 HEARING REQUESTS**

- 18.1 For each class, the protest time limit is 45 minutes after the last boat finishes.
- 18.2 Protest forms are available online on the RNSYS website <[www.rnsys.com/racing](http://www.rnsys.com/racing)>. Protests shall be emailed or delivered to the Race Director <[racedirector@rnsys.com](mailto:racedirector@rnsys.com)> within the protest time limit.
- 18.3 Emails will be sent on Monday evening to inform competitors of hearings in which they are parties or named as witnesses.
- 18.4 Protest hearings will be scheduled for 1900 on the Thursday following the race in question.

## **19 SCORING**

- 19.1 One (1) race is required to be completed to constitute a series.
- 19.2 (a) When fewer than five (5) races have been completed a boat's series score shall be the total of her race scores.  
(b) When from five (5) to seven (7) races have been completed, a boat's series score shall be the total of her race scores excluding her worst score.
- 19.3 Rule A5.3 applies.

## **20 SAFETY REGULATIONS**

- 20.1 Prior to her preparatory signal, and after the RC announces that the Check-In is open, each vessel shall inform the RC of her intention to race via VHF Ch 72 or voice. The check in shall include the yacht name, sail number and number of persons on board. Check-in is not complete until a response is received from the RC.
- 20.2 A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

## **21 PRIZES**

No prizes are planned for Casual Mondays.

## **22 RISK STATEMENT**

RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

## **23 INSURANCE**

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$1,000,000 per event or the equivalent.

## **24 FURTHER INFORMATION**

For further information please contact RNSYS Race Director, Luke Porter at (902) 414-3284 or [racedirector@rnsys.com](mailto:racedirector@rnsys.com) or the Vice Commodore of Sailing at [vcsailing@rnsys.com](mailto:vcsailing@rnsys.com).